



MAY 2021

MONROE-WOODBURY ELEMENTARY SCHOOL BREAKFAST AND LUNCH MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	3	4	5	6	7		
BREAKFAST	Assorted Whole Grain Bagels or Hard Rolls 100% Fruit Juice Cold Milk Choices	Assorted Cereal 100% Fruit Juice Cold Milk Choices	Mini Pancakes 100% Fruit Juice Cold Milk Choices	Egg & Cheese On A Roll 100% Fruit Juice Cold Milk Choices	Yogurt and Fruit Parfait Nut Free Granola 100% Fruit Juice Cold Milk Choices	Included with your Breakfast Entree Cold cereal Choices, chilled juice or cold milk Choices, fresh fruit, assorted fruited 4 oz. yogurt, bagel alternate	
LUNCH	Chicken Sliders Oven Fries Sliced Apples Cold Milk Choices	Cheese Lasagna Steamed Carrots Diced Pears Cold Milk Choices Alt: Chicken Nuggets	Mozzarella Sticks with Cup of Sauce Mixed Green Salad Mixed Fruit Cold Milk Choices	French Toast Sticks Canadian Style Bacon Tater Tots Cinnamon Applesauce Cold Milk Choices	Stuffed Crust Pizza Black Bean and Corn Salad Diced Peaches Cold Milk Choices		
	10	11	12	13	14		
BREAKFAST	Assorted Whole Grain Bagels or Hard Rolls 100% Fruit Juice Cold Milk Choices	Assorted Cereal 100% Fruit Juice Cold Milk Choices	Assorted WG Muffins 100% Fruit Juice Cold Milk Choices	Cheese Omelet on a Mini Bagel 100% Fruit Juice Cold Milk Choices	Yogurt and Fruit Parfait Graham Crackers 100% Fruit Juice Cold Milk Choices	Included with your Lunch Entree All meals consist of 8 oz. low-fat or skim milk, one cup salad, vegetable and/or fresh or canned fruits and whole grain bread, whole grain rice and pasta	
LUNCH	Crispy Chicken Tenders Mashed Potatoes Strawberry Cup Cold Milk Choices	Baked Macaroni and Cheese Seasoned Green Beans Tropical Fruit Salad Cold Milk Choices Alt: Chicken Nuggets	Hot Dog, Hamburger, or Cheeseburger Sweet Potato Wedges Mandarin Oranges Cold Milk Choices	Soft or Hard Shell Taco* Salsa, Lettuce, and Tomatoes Refried Beans Chilled Pineapples Cold Milk Choices	Fresh Made Pizza Roasted Squash Strawberry Applesauce Cold Milk Choices		
ALTERNATES Monday, Wednesday, Friday - Hot Dog Tuesday - Chicken Nuggets Thursday - Hamburger, Cheeseburger or Veggie Burger			BREAKFAST AND LUNCH MEALS PROVIDED ARE UNDER THE SUMMER FOOD SERVICE MEALS (SFSP) SFSP MEALS ARE FREE UNTIL FURTHER NOTICE Apply for Free and Reduced Meals online at www.family.titank12.com			Evening Meal Pick Up for Remote Students Central Valley and North Main Elementary schools are open between 4:30-6:30pm Tuesdays and Thursdays ONLY. If you would like to be placed on the list for pick up, please send an email to foodforthought@mw.k12.ny.us with students name and school they attend. Please remember to wear a mask and bring a bag.	



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MONROE-WOODBURY ELEMENTARY SCHOOL BREAKFAST AND LUNCH MENU



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		17	18	19	20	21	
BREAKFAST		Assorted Whole Grain Bagels or Hard Rolls 100% Fruit Juice Cold Milk Choices	Assorted Cereal 100% Fruit Juice Cold Milk Choices	Mini French Toast 100% Fruit Juice Cold Milk Choices	Ham* and Egg on a WG Roll 100% Fruit Juice Cold Milk Choices	Yogurt and Fruit Parfait Nut Free Granola 100% Fruit Juice Cold Milk Choices	Please remember to take a fruit and/or vegetable with your meal. It's included in the meal!
LUNCH		Popcorn Chicken Bowl Mashed Potatoes Steamed Corn Orange Smiles Cold Milk Choices	Cheese Stuffed Shells Carrot Coins Sliced Apples Cold Milk Choices Alt: Chicken Nuggets	Pancakes or Waffles Sausage* Links Hashbrown Potato Strawberry Cup Cold Milk Choices	Grilled Cheese Sandwich on a Bagel Sweet Potato Bites Mixed Berry Applesauce Cold Milk Choice	French Bread Pizza Fresh Veggie Sticks with Dip Diced Pears Cold Milk Choices	
		24	25	26	27	28	
BREAKFAST		Assorted Whole Grain Bagels or Hard Rolls 100% Fruit Juice Cold Milk Choices	Assorted Cereal 100% Fruit Juice Cold Milk Choices	Mini Cinni Rolls 100% Fruit Juice Cold Milk Choices	Sausage* and Egg on a WG Muffin 100% Fruit Juice Cold Milk Choices	Memorial Day Weekend	Available Daily for Lunch: Fresh fruit and salad, baby carrots Alternate Sandwiches: Cheese, Turkey, Peanut Butter & Jelly, and Tuna
LUNCH		Chicken Patty on a Bun Potato Smiles Peach Cup Cold Milk Choices	Cheese Ravioli Steamed Green Beans Cinnamon Applesauce Cold Milk Choices Alt: Chicken Nuggets	Ham & Cheese or Turkey and Cheese Bagel Melt Sweet Potato Wedges Chilled Pineapple Cold Milk Choices	Mozzarella Sticks with Cup of Sauce Mixed Green Salad Mixed Fruit Cold Milk Choices		
		31					
BREAKFAST	MEMORIAL DAY NO SCHOOL	<i>Looking for work while your child is in school? Substitute positions are available. Please contact us at (845) 460-6200</i>	<i>* May Contain Pork Menus are Subject to Change</i>			If you have questions about your child's account, please contact your child's cafeteria. PT: (845) 460-6900 x6941 NM:(845) 460-6800 x6841 CV:(845) 460-6700 x6741 SC:(845) 460-6300 x6341 SE:(845) 460-6500 x6541	
LUNCH			This institution is an equal opportunity provider.				